



NOVEMBER

Union High School Breakfast Menu

Students may choose one of the following instead of the main entrée:

Assorted Cereal
Cereal Bars
Elf Grahams

Monday	Tuesday	Wednesday	Thursday	Friday
3 Mini French Toast	4 Churros	5 Assorted Pop Tarts	6 Frudel	7 Breakfast Sandwich
10 Mini Pancakes	11 Pancake and Sausage Stick	12 Snack n Waffles	13 Assorted Donut Holes	14 Soft Pretzel
17 Mini Cinnis	18 Benefit Bars	19 Mini Filled Bagels	20 Funnel Cake	21 Breakfast Pizza
24 Mini French Toast	25 Churros	26 Assorted Pop Tarts		28 School Closed

Students may choose one of the daily entrée choices which includes the protein and grain requirement. Students may also choose from a variety of fresh and canned fruits, vegetables and milk. Students must choose at least 3 of 5 menu components to make a complete meal, one of which must be a fruit or vegetable. Menus are subject to change.

--	--	--	--	--